



Come to tea... Let's see if we're a fit.

In this no-obligation get-together, you have a chance to ask about the BOOST process and to visit the setting where our work will take place -- and of course to enjoy a good cup or tea or coffee!

At our introductory meeting we can also chat about the goal or goals you'd like to achieve.

I'm sure you'll be excited to begin! Bring your Blackberry or Daytimer so we can book your Essential BOOST (three 2-hour sessions) right away.

Call 250.370.1891 for your **30-minute, no-obligation** introductory meeting.